



# WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS

**C**oronaviruses are a large family of respiratory viruses that range from the common cold to more severe illnesses. The recent coronavirus outbreak in China is a strain that has not previously been identified in humans so is referred to as a novel coronavirus, or 2019-nCoV.

The World Health Organization announced on Thursday that the coronavirus outbreak is now considered a global health emergency. The Centers for Disease Control and Prevention (CDC) also confirmed the first person-to-person spread of coronavirus in the United States yesterday. This case is being closely monitored by public health officials in Illinois and the CDC continues to stress that the immediate risk to the American public is low.

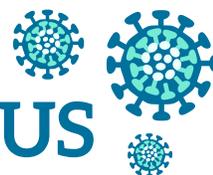
There are 6 confirmed cases of coronavirus in the U.S. Two of these cases are in Southern California – one in Orange County and one in Los Angeles. The suspected case in San Diego County has tested negative.

## SYMPTOMS

The CDC believes that symptoms may appear in 2-14 days after exposure. Symptoms may include:

- Fever
- Cough
- Shortness of breath
- Breathing difficulties

Older adults and those with chronic conditions or compromised immune systems may be at increased risk of severe disease.



## CORONAVIRUS 2019-nCoV

### PREVENTION

There is currently no vaccine to prevent 2019-nCoV. Since the virus is a respiratory illness, everyday prevention actions can help protect you:

- 1 Avoid touching your eyes, nose and mouth with unwashed hands.
- 2 Wash your hands with soap and water frequently for at least 20 seconds. If soap and water is not available, opt for an alcohol-based hand sanitizer with at least 60% alcohol.
- 3 Clean and disinfect objects and surfaces you use often.
- 4 Avoid close contact with people who are sick.

The CDC recommends that travelers avoid all nonessential travel to China.

### FOR MORE INFORMATION

There is a lot of information being reported about novel coronavirus. To protect you and your loved ones, visit credible websites such as the CDC ([www.cdc.gov](http://www.cdc.gov)) or World Health Organization ([www.who.int](http://www.who.int)). Contact your doctor's office with individual health-related questions.